



Carlisle 30 November 2024

Bib number	Name	Club	Time	Start time	Actual Time
<b>U9 Male (1km)</b>					
1	51 Jesse Smith	Carlisle Aspatria AC	00:03:35		00:03:35
2	33 Quinn Henley Orr	Seaton Athletic Club	00:03:39		00:03:39
3	34 William Hore	Unattached	00:03:56		00:03:56
4	40 Matt Wild Garcia	Unattached	00:04:03		00:04:03
5	32 Parker Dunlop	Derwent AC Cockermouth	00:04:12		00:04:12
6	31 Aedan Barry	Keswick AC	00:04:14		00:04:14
7	35 Sebastian Kemp	Unattached	00:04:17		00:04:17
8	45 Harry Trotter	Carlisle Tri Club	00:04:27		00:04:27
9	39 Archie Neil	Unattached	00:04:52		00:04:52
10	42 Elijah Clements	Cumberland Fell Runners	00:05:18		00:05:18
11	49 Finnley Le Voi	Derwent AC Cockermouth	00:06:24		00:06:24

Teams

None

**U9 Female (1km)**

1	9 Isla Dalton	Kendal Amateur Athletic Club	00:03:45		00:03:45
2	7 Elena Procter	Leven Valley AC	00:03:47		00:03:47
3	6 Martha Hill	Unattached	00:03:57		00:03:57
4	3 Chloe Moore	Cumberland Fell Runners	00:04:08		00:04:08
5	4 Hannah Pratt	Unattached	00:04:13		00:04:13
6	11 Ivy Hughes	Unattached	00:04:39		00:04:39
7	15 Jessica Carruthers	Unattached	00:05:11		00:05:11
8	12 Isabelle Le Voi	Derwent AC Cockermouth	00:06:12		00:06:12

Teams

None



**Carlisle 30 November 2024**

Bib number	Name	Club	Time	Start time	Actual Time
<b>U11 Male (2km)</b>					
1	117 William Goligher	Kendal Amateur Athletic Club	00:06:58		00:06:58
2	116 Kit Evans	Kendal Amateur Athletic Club	00:07:10		00:07:10
3	108 Max Steele	Seaton Athletic Club	00:07:12		00:07:12
4	111 Sean Wild Garcia	Kendal Amateur Athletic Club	00:07:29		00:07:29
5	109 Thomas Tacon	Cumberland Fell Runners	00:07:41		00:07:41
6	101 Adam Horn	Eden Runners	00:07:48		00:07:48
7	93 Dylan Clarke	Eden Runners	00:07:51		00:07:51
8	99 Elliott Griffiths	Eden Runners	00:07:58		00:07:58
9	106 Arthur Prosser George	Cumberland Fell Runners	00:08:04		00:08:04
10	91 Euan Anderson	Seaton Athletic Club	00:08:16		00:08:16
11	97 Finlay Gillon	Eden Runners	00:08:17		00:08:17
12	92 Ed Burns	Unattached	00:08:27		00:08:27
13	96 Will Dixon	Unattached	00:08:28		00:08:28
14	98 Rory Firmin	Keswick AC	00:08:36		00:08:36
15	114 William Cairns	Annan & District AC	00:08:42		00:08:42
16	105 Ruairidh Phillips	Annan & District AC	00:08:49		00:08:49
17	123 Jack Lawson	Ambleside AC	00:09:12		00:09:12
18	115 Hamish Donohoe	Unattached	00:09:14		00:09:14
19	100 Thomas Hodgson	Copeland AC	00:09:41		00:09:41
20	120 Alexander West	Unattached	00:09:56		00:09:56
21	104 Arjun Pandya	Keswick AC	00:09:56		00:09:56
22	113 Sebastian Enache	Unattached	00:10:16		00:10:16
23	103 Oliver Marshall	Ambleside AC	00:10:31		00:10:31

**Teams**

1	Kendal Amateur Athletic Club	7 pts
2	Eden Runners	21 pts

**U11 Female (2km)**

1	80 Teigan Wilcock	Kendal Amateur Athletic Club	00:08:01		00:08:01
2	73 Charlotte Mathieson	Cumberland Fell Runners	00:08:09		00:08:09
3	65 Maia Dacre	Kendal Amateur Athletic Club	00:08:12		00:08:12
4	81 Lucy Wood	Eden Runners	00:08:18		00:08:18
5	70 Lola Hodgson	Ambleside AC	00:08:21		00:08:21
6	61 Romy Barron	Kendal Amateur Athletic Club	00:08:29		00:08:29
7	75 Gabrielle Murray	Leven Valley AC	00:08:41		00:08:41
8	79 Madeleine Whelan	Copeland AC	00:08:48		00:08:48
9	86 Olivia Trotter	Border Harriers & AC	00:08:50		00:08:50
10	87 Rosie Beaton	Kendal Amateur Athletic Club	00:08:58		00:08:58
11	59 Sophie Lawson	Ambleside AC	00:09:01		00:09:01
12	68 Indie Goodwin	Annan & District AC	00:09:02		00:09:02
13	56 Maya Zaboklicka	Barrow & Furness Striders AC	00:09:06		00:09:06
14	58 Ellie Tweddle	Unattached	00:09:08		00:09:08
15	57 Georgia Morton	Eden Runners	00:09:13		00:09:13
16	63 Charley Cummings	Millom Striders	00:09:18		00:09:18
17	83 Chloe Bouffler	Leven Valley AC	00:09:43		00:09:43
18	78 Erin Thompson	Copeland AC	00:09:45		00:09:45
19	74 April Mawson	Millom Striders	00:09:55		00:09:55
20	82 Ivy Allinson	Eden Runners	00:10:56		00:10:56



**Carlisle**

**30 November 2024**

Bib number	Name	Club	Time	Start time	Actual Time
21	72 Shia Rayne MacDonald	Annan & District AC	00:11:32		00:11:32

**Teams**

1	Kendal Amateur Athletic Club	10 pts
2	Eden Runners	39 pts



**Carlisle 30 November 2024**

Bib number	Name	Club	Time	Start time	Actual Time
<b>U13 Male (3km)</b>					
1	153 Noah Cook	Barrow & Furness Striders AC	00:10:05		00:10:05
2	174 Theo Zaboklicki	Barrow & Furness Striders AC	00:10:19		00:10:19
3	170 Magnus Foxwell	Ambleside AC	00:11:02		00:11:02
4	173 Ollie Mitchell	Border Harriers & AC	00:11:28		00:11:28
5	152 Lawrie Belshaw	Kendal Amateur Athletic Club	00:11:44		00:11:44
6	166 Jack Thwaite	Cumberland Fell Runners	00:11:58		00:11:58
7	151 Hunter Barrett	Seaton Athletic Club	00:12:22		00:12:22
8	159 Benjamin Carruthers	Unattached	00:12:27		00:12:27
9	171 Leo French	Eden Runners	00:12:39		00:12:39
10	156 Harrison Cripps	Seaton Athletic Club	00:13:04		00:13:04
11	164 Ewan Mitchell	Border Harriers & AC	00:13:16		00:13:16
12	160 Joseph Giddings	Cumberland Fell Runners	00:13:26		00:13:26

**Teams**

None

**U13 Female (3km)**

1	131 Mila Barron	Kendal Amateur Athletic Club	00:11:35		00:11:35
2	136 Imogen Moore	Leven Valley AC	00:11:47		00:11:47
3	133 Lottie Donohoe	Eden Runners	00:11:52		00:11:52
4	144 Leah Smith	Nithsdale AC	00:12:54		00:12:54
5	145 Louise Ackerley	Unattached	00:13:23		00:13:23
6	135 Charlotte Moore	Unattached	00:14:12		00:14:12
7	137 Mollie Phillips	Annan & District AC	00:14:24		00:14:24
8	134 Ivy Marshall	Ambleside AC	D.N.F.		D.N.F.

**Teams**

None



**Carlisle 30 November 2024**

Bib number	Name	Club	Time	Start time	Actual Time
<b>U15 Male (3.8km)</b>					
1	217 Noah Williamson	North East Project	00:13:56		00:13:56
2	215 Joseph Tinniswood	Border Harriers & AC	00:14:09		00:14:09
3	216 Peter Wayman	Border Harriers & AC	00:14:10		00:14:10
4	201 Seth Abbey	Eden Runners	00:14:14		00:14:14
5	206 Joe Green	Ambleside AC	00:14:22		00:14:22
6	212 Mason Stubbs	Annan & District AC	00:14:37		00:14:37
7	210 Riley Scott	Leven Valley AC	00:14:52		00:14:52
8	207 Ethan Hughes Rudd	Cumberland Fell Runners	00:14:57		00:14:57
9	209 Henry Murray	Leven Valley AC	00:15:14		00:15:14
10	202 Gil Burns	Border Harriers & AC	00:15:49		00:15:49

**Teams**

1 Border Harriers & AC 15 pts

**U15 Female (3.8km)**

1	195 Emmy Ranner	Kendal Amateur Athletic Club	00:15:11		00:15:11
2	182 Cara Bradley	Kendal Amateur Athletic Club	00:15:23		00:15:23
3	187 Suzie McNally	Border Harriers & AC	00:15:56		00:15:56
4	194 Tess Evans	Kendal Amateur Athletic Club	00:16:12		00:16:12
5	192 Evie Youngman	Cumberland Fell Runners	00:16:43		00:16:43
6	184 Alice Hardy	Cumberland Fell Runners	00:17:29		00:17:29
7	185 Matilda Kemp	Border Harriers & AC	00:17:36		00:17:36
8	183 Anna Cunningham	Eden Runners	00:18:00		00:18:00
9	181 Elena Archibald	Border Harriers & AC	00:18:46		00:18:46
10	190 Bethany Swarbrick	Millom Striders	00:19:40		00:19:40
11	193 Imogen Cairns	Annan & District AC	00:19:52		00:19:52
12	189 Tilly Stewart	Unattached	00:20:01		00:20:01
13	186 Emily Mallett	Carlisle Aspatria AC	00:20:44		00:20:44
14	191 Eve Walker	Unattached	00:22:31		00:22:31

**Teams**

1 Kendal Amateur Athletic Club 7 pts  
 2 Border Harriers & AC 19 pts



**Carlisle 30 November 2024**

Bib number	Name	Club	Time	Start time	Actual Time
<b>U17 Male (5.8km)</b>					
1	262 George Tiffin-Lowe	Border Harriers & AC	00:19:46		00:19:46
2	251 Alfie Addison	Kendal Amateur Athletic Club	00:19:58		00:19:58
3	255 Daniel Davies	Eden Runners	00:20:27		00:20:27
4	252 Will Brayshaw	Kendal Amateur Athletic Club	00:20:54		00:20:54
5	260 Samuel Turney	Border Harriers & AC	00:21:13		00:21:13
6	258 Micah Wightman	Keswick AC	00:21:15		00:21:15
7	253 Daniel Cooper	Keswick AC	00:22:06		00:22:06
8	256 Keian McCombie	Unattached	00:22:14		00:22:14
9	254 Toby Davies	Eden Runners	00:29:31		00:29:31

**Teams**

None

**U17 Female (5.8km)**

1	236 Daisy Woodcock	Border Harriers & AC	00:23:47		00:23:47
2	233 Erin Barry	Keswick AC	00:25:01		00:25:01
3	240 Bella Tiffin-Lowe	Border Harriers & AC	00:26:20		00:26:20
4	239 Eva Humphreys	Derwent AC Cockermonth	00:31:25		00:31:25

**Teams**

None



Carlisle

30 November 2024

Bib number	Name	Club	Time	Start time	Actual Time
<b>Senior Men (8.7k)</b>					
1	470 Julian Hatcher	Border Harriers & AC	00:37:12	00:08:00	00:29:12 V45
2	477 Alasdair Russell	Kendal Amateur Athletic Club	00:37:27	00:08:00	00:29:27 V35
3	454 James Douglas	Border Harriers & AC	00:37:39	00:08:00	00:29:39 V35
4	397 Max Hazlehurst	Leven Valley AC	00:38:11	00:08:00	00:30:11 U20
5	462 David Rich	Border Harriers & AC	00:38:28	00:08:00	00:30:28 S
6	386 Michael Barron	Ambleside AC	00:39:00	00:08:00	00:31:00 S
7	419 Ben Nutter	Border Harriers & AC	00:39:11	00:08:00	00:31:11 U20
8	444 Ben Procter	Leven Valley AC	00:39:18	00:08:00	00:31:18 V40
9	463 David Rose	Unattached	00:39:45	00:08:00	00:31:45 V45
10	393 Tom Dunlop	Derwent AC Cocker mouth	00:39:49	00:08:00	00:31:49 V35
11	448 Ashley Todd	Border Harriers & AC	00:39:54	00:08:00	00:31:54 U20
12	471 Kai Hatcher	Border Harriers & AC	00:40:52	00:08:00	00:32:52 U20
13	458 Ross Landon	Border Harriers & AC	00:41:02	00:08:00	00:33:02 S
14	478 Javier Simon	Helm Hill Runners	00:41:48	00:08:00	00:33:48 V50
15	427 Kevin Wallace	Cumberland AC	00:41:52	00:08:00	00:33:52 V50
16	455 Daniel Heppell	Keswick AC	00:42:02	00:08:00	00:34:02 U20
17	395 Bobby Hagan	Morpeth Harriers & AC	00:42:07	00:08:00	00:34:07 S
18	472 Michael Holliday	Border Harriers & AC	00:42:29	00:08:00	00:34:29 V35
19	475 Jonny Lowe	Border Harriers & AC	00:42:40	00:08:00	00:34:40 V45
20	387 Philip Cooper	Eden Runners	00:43:15	00:08:00	00:35:15 V45
21	435 Danny Bouffler	Leven Valley AC	00:43:47	00:08:00	00:35:47 V40
22	474 Dean Kemp	Unattached	00:44:40	00:08:00	00:36:40 V45
23	422 Howard Seal	Cumberland Fell Runners	00:45:07	00:08:00	00:37:07 V50
24	396 David Harper	Derwent AC Cocker mouth	00:45:54	00:08:00	00:37:54 V45
25	434 Steve Brown	Ambleside AC	00:45:58	00:08:00	00:37:58 V55
26	416 Mark Moore	DH Runners	00:46:06	00:08:00	00:38:06 V45
27	404 Peter Kemp	Ellenborough AC	00:46:58	00:08:00	00:38:58 V45
28	429 Russell Willett	Eden Runners	00:47:08	00:08:00	00:39:08 V45
29	459 Matthew Le Voi	Derwent AC Cocker mouth	00:47:47	00:08:00	00:39:47 V35
30	446 George Royston-Bishop	Derwent AC Cocker mouth	00:48:18	00:08:00	00:40:18 V40
31	415 Christopher Moore	Leven Valley AC	00:49:12	00:08:00	00:41:12 V40
32	421 Paul Revell	Unattached	00:49:20	00:08:00	00:41:20 V60
33	469 Toby Harling	DH Runners	00:49:27	00:08:00	00:41:27 V45
34	390 Anthony Davis	Derwent AC Cocker mouth	00:49:31	00:08:00	00:41:31 V60
35	407 Andrew Martindale	Northern Fells Running Club	00:49:41	00:08:00	00:41:41 V55
36	451 Dominic Barry	Esk Valley Fell Club	00:50:21	00:08:00	00:42:21 V55
37	392 Paul Dobson	Northern Fells Running Club	00:52:43	00:08:00	00:44:43 V60
38	457 Alfie Lamb	Border Harriers & AC	D.N.F.		D.N.F. U20

**Teams**

1	Border Harriers & AC		9 pts
2	Border Harriers & AC	B	30 pts
3	Leven Valley AC		33 pts
4	Derwent AC Cocker mouth		63 pts



Carlisle

30 November 2024

Bib number	Name	Club	Time	Start time	Actual Time
<b>Senior Women (8.7k)</b>					
1	344 Celia Powell	Ambleside AC	00:38:13	00:04:00	00:34:13 S
2	331 Fiona Todd	Border Harriers & AC	00:40:42	00:04:00	00:36:42 V50
3	297 Emma Neil	Eden Runners	00:41:49	00:04:00	00:37:49 V35
4	332 Vicki Trotter	Border Harriers & AC	00:42:44	00:04:00	00:38:44 V35
5	323 Michelle Foxwell	Ambleside AC	00:43:18	00:04:00	00:39:18 V45
6	272 Samantha Ayers	Keswick AC	00:43:24	00:04:00	00:39:24 V50
7	343 Alex Holmes	Border Harriers & AC	00:44:04	00:04:00	00:40:04 U20
8	313 Lorna Askew	Helm Hill Runners	00:45:34	00:04:00	00:41:34 V55
9	302 Ruth Walker	Border Harriers & AC	00:45:48	00:04:00	00:41:48 U20
10	329 Leanne Scott	Leven Valley AC	00:45:52	00:04:00	00:41:52 V40
11	290 Louisa Knox	Eden Runners	00:46:03	00:04:00	00:42:03 S
12	284 Hazel Davies	Keswick AC	00:46:30	00:04:00	00:42:30 V55
13	293 Katie Milburn	Eden Runners	00:47:57	00:04:00	00:43:57 V40
14	273 Leeann Barber	Cumberland Fell Runners	00:48:14	00:04:00	00:44:14 V40
15	341 Nicola Carruthers	Unattached	00:48:21	00:04:00	00:44:21 V45
16	342 Katie Haslam	Unattached	00:49:01	00:04:00	00:45:01 U20
17	328 Hilary Royston-Bishop	Derwent AC Cockermonth	00:49:34	00:04:00	00:45:34 V35
18	304 Debbie Walker	Derwent AC Cockermonth	00:49:39	00:04:00	00:45:39 V45
19	311 Helen Nicholson	Eden Runners	00:49:55	00:04:00	00:45:55 V45
20	312 Suzanne Ackerley	Unattached	00:50:11	00:04:00	00:46:11 V35
21	319 Debbie Charlton	Keswick AC	00:50:18	00:04:00	00:46:18 V45
22	303 Lindsay Walker	Keswick AC	00:51:12	00:04:00	00:47:12 V45
23	318 Louise Brown	Keswick AC	00:52:28	00:04:00	00:48:28 V55
24	279 Abi Catt	Eden Runners	00:53:05	00:04:00	00:49:05 S
25	288 Gill Harding	DH Runners	00:54:23	00:04:00	00:50:23 V60
26	295 Gina Mumford	Eden Runners	00:55:54	00:04:00	00:51:54 V60
27	305 Angela Watson	Eden Runners	00:59:09	00:04:00	00:55:09 V45
28	308 Vicky Woolf	Kendal Amateur Athletic Club	D.N.F.		D.N.F. U20
29	324 Lily Higgins	Ambleside AC	D.N.F.		D.N.F. S

**Teams**

1	Border Harriers & AC	13 pts
2	Eden Runners	27 pts
3	Keswick AC	39 pts
4	Eden Runners	69 pts

B



**Teams**

		<b>Cockermouth</b>	<b>Workington</b>	<b>Keswick</b>	<b>Carlisle</b>	<b>Penrith</b>
<b>U9 Male</b>		None	None		None	None
1	U9 Male (800m)		12	12		
2	Keswick AC	12		11		
<b>U9 Female</b>		None	None	None	None	None
<b>U11 Male</b>						
1	Eden Runners	12		11	11	
2	Seaton Athletic Club	11	12	9		
3	Kendal Amateur Athletic Club			12	12	
4	Cumberland Fell Runners		11	10		
<b>U11 Female</b>			None			
1	Kendal Amateur Athletic Club	12		12	12	
2	Cumberland Fell Runners	11		11		
3	Eden Runners			10	11	
4	Annan & District AC	10		8		
5	Keswick AC			9		
<b>U13 Male</b>					None	
1	Seaton Athletic Club	12	12	11		
2	Cumberland Fell Runners			12		
3	Annan & District AC	11				
<b>U13 Female</b>		None	None	None	None	
<b>U15 Male</b>			None			
1	Border Harriers & AC	12			12	
2	Leven Valley AC	11		12		
<b>U15 Female</b>			None			
1	Border Harriers & AC	12		12	11	
2	Kendal Amateur Athletic Club				12	
<b>U17 Male</b>		None	None	None	None	
<b>U17 Female</b>		None	None		None	
1	Leven Valley AC			12		

**Senior Men**

1	Keswick AC		12	12	11	
2	Derwent AC Cockermouth		11	11	10	9
3	Eden Runners		10	8	9	
4	Border Harriers & AC				12	12
5	Leven Valley AC			10		10
6	Derwent AC Cockermouth	B	9		8	
7	DH Runners			9	7	
8	Keswick AC	B	8		6	
9	Eden Runners	B	7		5	
10	Border Harriers & AC	B				11
11	Cumberland AC			7		
12	Cumberland AC	B		6		

**Senior Women**

1	Keswick AC		12	12	11	10
2	Eden Runners		11	9	10	11
3	Derwent AC Cockermouth		9	10	8	
4	Border Harriers & AC				12	12
5	Eden Runners	B	6	7	7	9
6	Cumberland AC		10	11		
7	Keswick AC	B	8		9	
8	Cumberland AC	B	7	8		
9	DH Runners			6	6	

\* <3 qualifying races